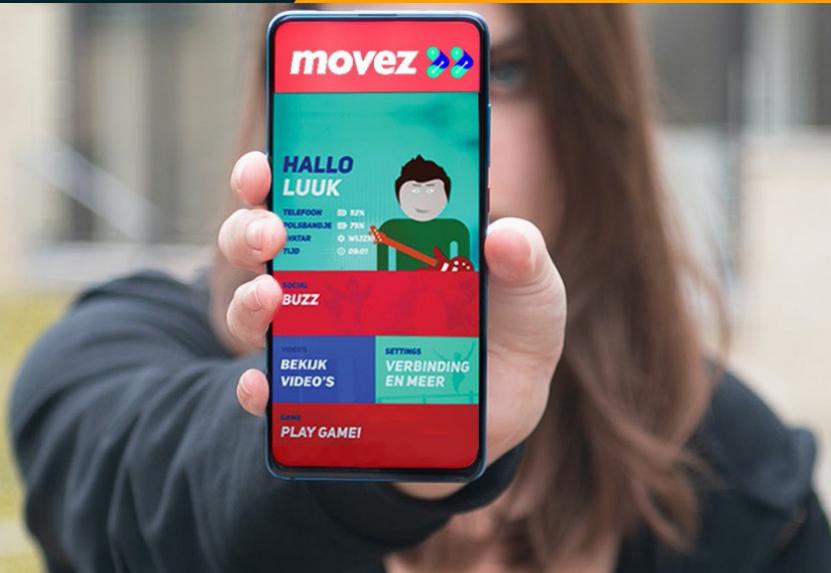
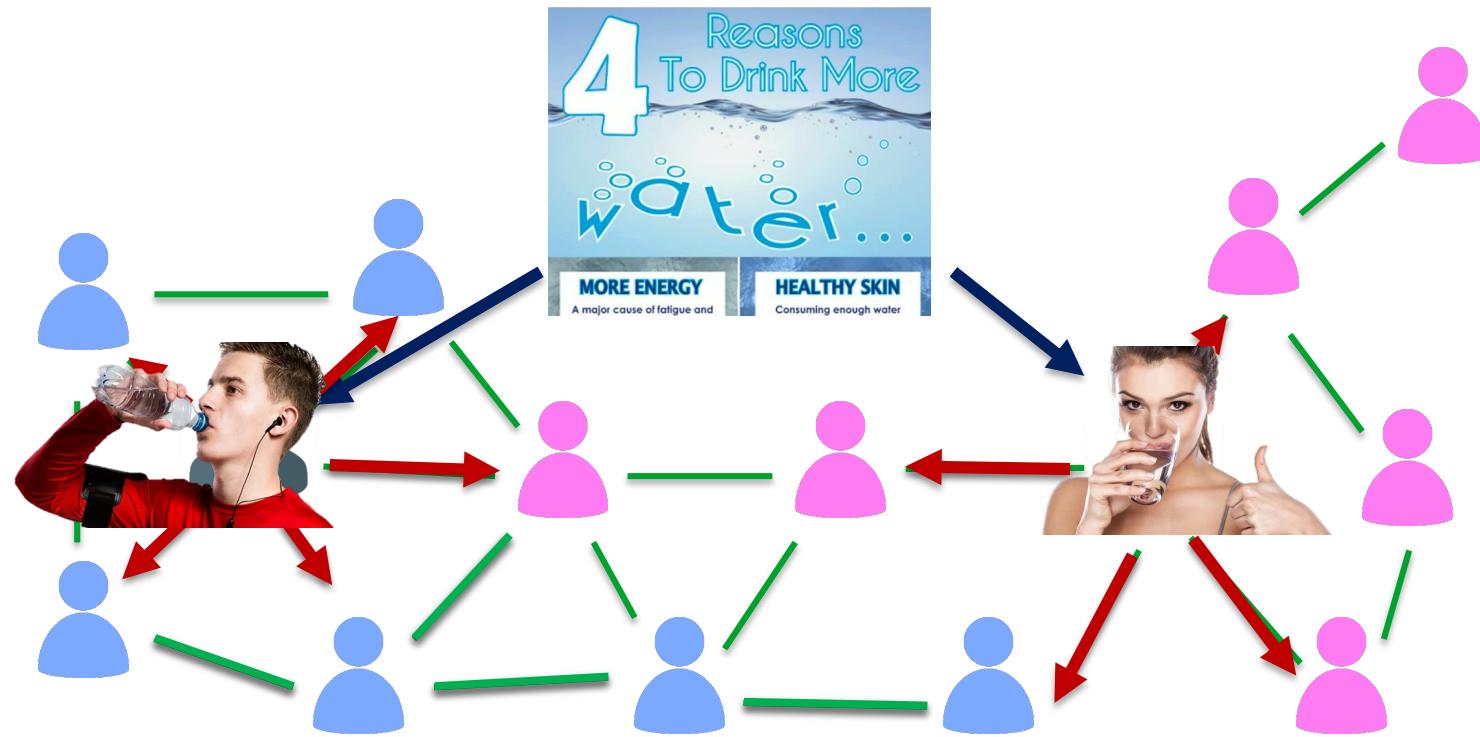


# movez projects

Social network intervention to promote a healthy lifestyle among youth

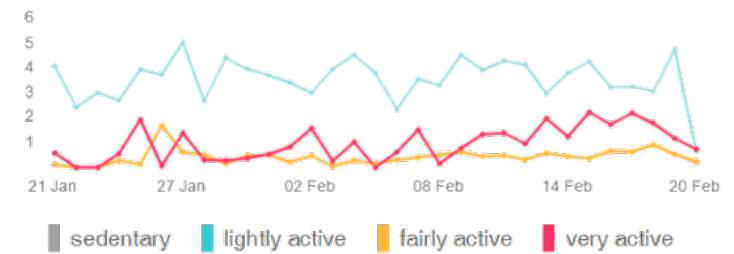
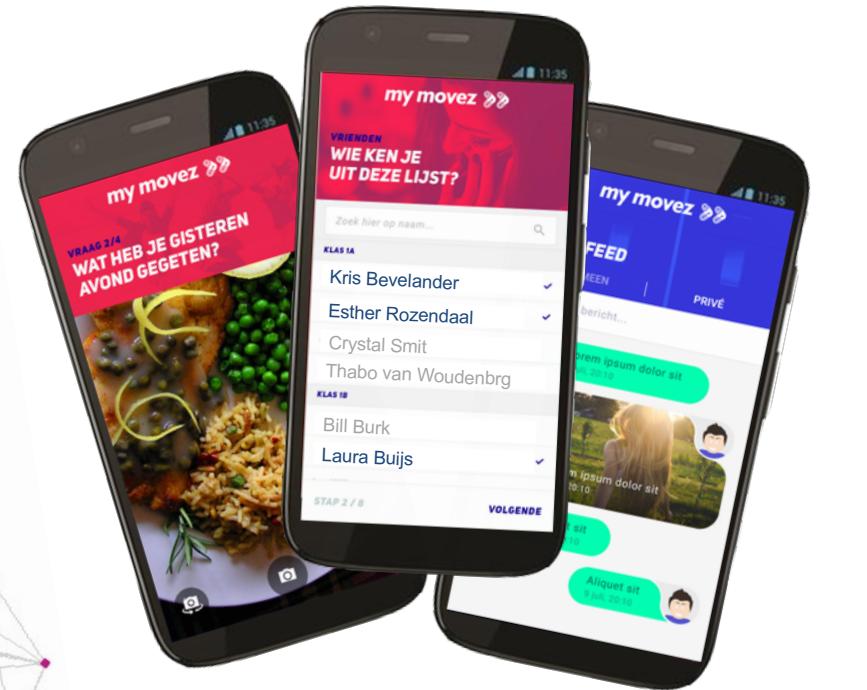
Moniek Buijzen & movez team





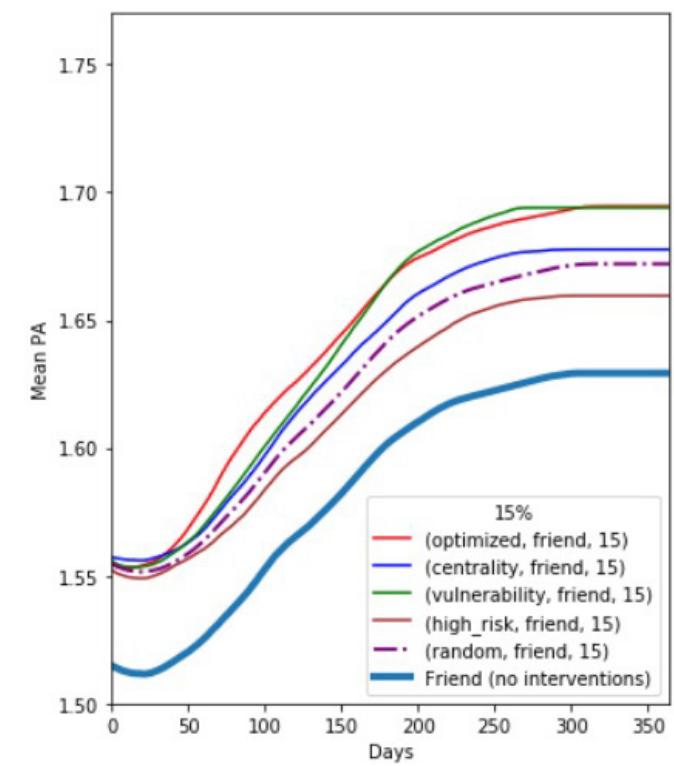
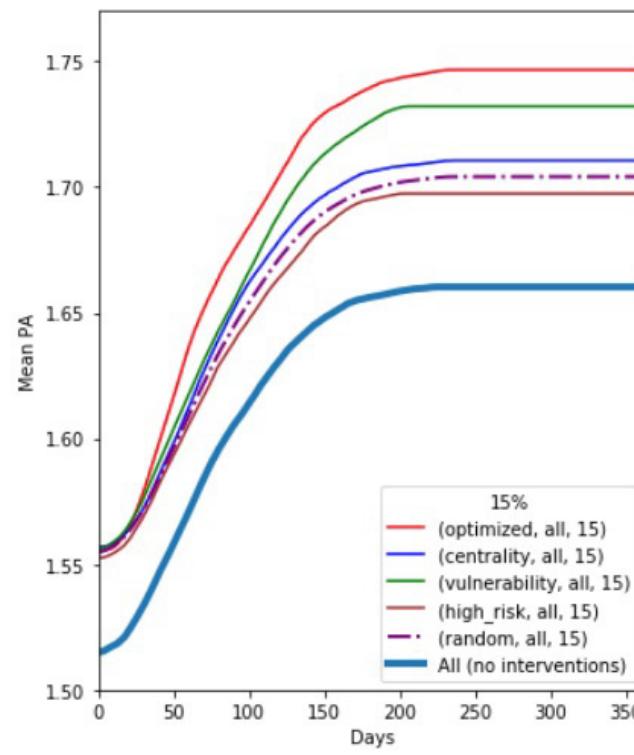
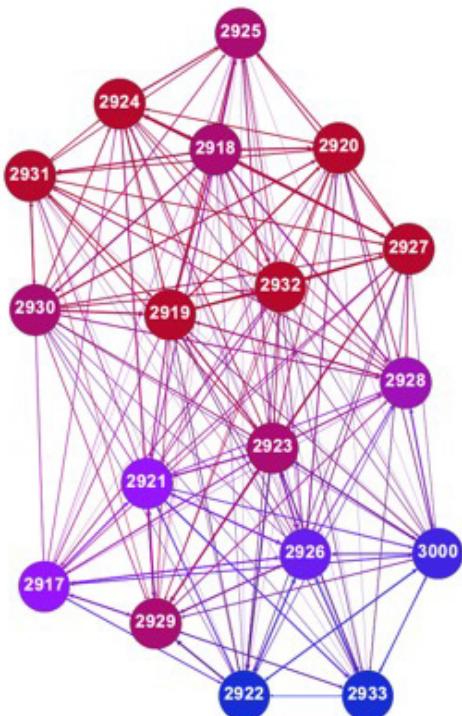
Erasmus

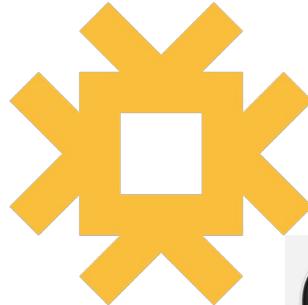
# my movez WearableLab



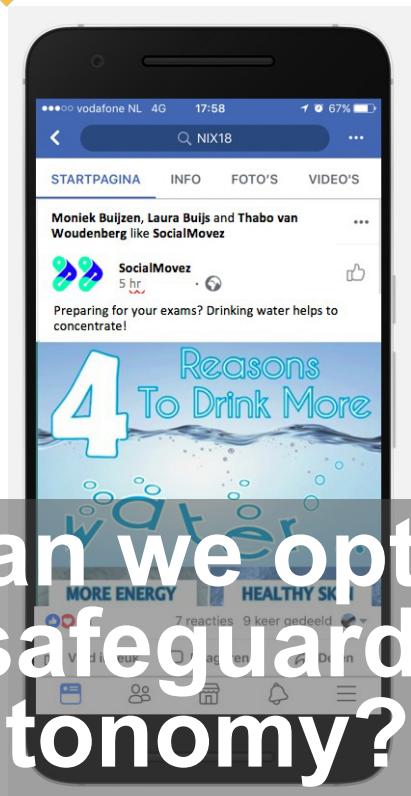
# data analytics to predict and tailor interventions

Computational models simulating  
campaign diffusion in a social network





SOCIAL  
**MOVEZ**



How can we optimize OSN campaigns,  
while safeguarding youth's privacy  
and autonomy?

WebLab

Instrument for  
analysis and implementation  
of OSN-campaigns

New challenges...

*Erasmus*

co-creation  
co-design





# Testing a Social Network Intervention Using Vlogs to Promote Physical Activity Among Adolescents: A Randomized Controlled Trial

Thabo J. Van Woudenberg<sup>1\*</sup>, Kirsten E. Bevelander<sup>1,2</sup>, William J. Burk<sup>1</sup>, Crystal R. Smit<sup>1</sup>, Laura Buijs<sup>1</sup> and Moniek Buijzen<sup>1,3</sup>

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*Public Health Nutrition*: 24(8), 2324–2336

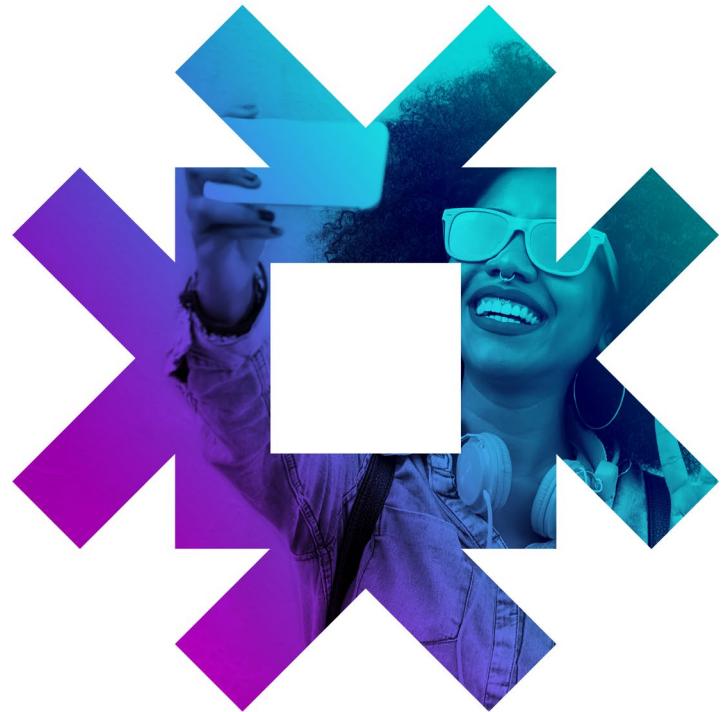
doi:10.1017/S1368980020004802

## Promoting water consumption among children: a three-arm cluster randomised controlled trial testing a social network intervention

Crystal R Smit<sup>1,2,\*</sup> , Rebecca NH de Leeuw<sup>1</sup>, Kirsten E Bevelander<sup>1,3</sup>, William J Burk<sup>1</sup>, Laura Buijs<sup>1</sup>, Thabo J van Woudenberg<sup>1,2</sup> and Moniek Buijzen<sup>1,2</sup>

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Submitted 20 February 2020; Final revision received 16 November 2020; Accepted 23 November 2020; First published online 27 November 2020



# MOVEZ NETWORK

Empowering generation next: Toward  
smart, healthy, and happy media users

[movez-network.eu](http://movez-network.eu)



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