

What factors influence your doubts about your study choice?

The list below indicates various factors that may influence your level of satisfaction/dissatisfaction/doubt regarding your study choice. Indicate whether these factors apply to you.

	Yes	No
I find the programme too theoretical		
I find the programme too vague		
I find my prior education insufficient		
I think there are too few lectures		
I don't know what this programme will enable me to do later		
I have difficulty concentrating during lectures		
I think this programme is too difficult for me		
I hardly have any contact with co-students		
I don't really like my lecturers		
I can't plan very well		
I'm easily distracted		
I don't have a good study method		
I don't study efficiently		
I can't motivate myself enough		
I don't have much perseverance		
I had a different expectation of the programme		
I'm not interested in this programme		
I'm doubting my capacities		
I'm very nervous about an examination		
I feel lonely within this programme		
I tire easily		
My mood is influencing my study		
I don't have good housing		
I feel under pressure because of the study financing		
I feel under pressure because of others' high expectations		
I'm not interested in the profession for which this programme trains		

Are there other factors influencing your opinion about your current programme?

Also mention some positive factors about your current programme.

Discuss the outcomes of the above assignment with your parents and friends and/or the counsellor/careers' advisor.